europass



Slavica Novachevska

Date of birth: 29/03/1966 | **Nationality:** Macedonian/citizen of the Republic of North Macedonia | **Gender:** Female | **Phone:** (+389) 70291509 (Mobile), (+389) 72251010 (Mobile) | **Email address:** slavica.novacevska@ffosz.ukim.edu.mk | **Address:** Narodni Heroi 4/9, 1000, Skopje, North Macedonia (Home)

WORK EXPERIENCE

02/09/2024 - CURRENT - SKOPJE, NORTH MACEDONIA

ASSOCIATE PROFESSOR AND HEAD OF DEPARTMENTFACULTY OF PHYSICAL EDUCATION, SPORT AND HEALTH

Associate Professor and Head of Department of Physical Education, Sport, and Sports Management at non-major faculties within the University "Ss Cyril and Methodius"- Faculty of Physical Education, Sport and Health-Skopje September 2, 2024: Appointed to the academic rank of Associate Professor at the Faculty of Physical Education, Sport, and Health, Dimche Mirchev St. No. 3, Skopje, at the University "Ss. Cyril and Methodius" – Skopje, in the field of Applied Kinesiology. The appointment report was published in Bulletin No. 1312 on August 15, 2024.

07/02/2020 - 2024 - SKOPJE, NORTH MACEDONIA

ASSISTANT PROFESSORFACULTY OF PHYSICAL EDUCATION, SPORT AND HEALTH

Assistant Professor February 7, 2020: Appointed to the academic rank of Assistant Professor in the subjects: Sport and Health, and Organization and Recreation at non-major faculties at the Faculty of Physical Education, Sport, and Health, Dimche Mirchev St. No. 3, Skopje, at the University "Ss. Cyril and Methodius" – Skopje, in the field of Applied Kinesiology. The appointment report was published in Bulletin No. 1207 on January 15, 2020, and Bulletin No. 1208 on February 1, 2020. Head of the Department of Physical Education, Sport, and Sports Management at non-major faculties within the University "Ss. Cyril and Methodius" – Skopje, from October 1, 2020, to September 30, 2023.

27/03/2008 - 2020 - SKOPJE, NORTH MACEDONIA

PROFESSORFACULTY OF PHYSICAL EDUCATION, SPORT AND HEALTH

Professor March 27, 2008: Reappointed to the rank of Professor in the subject of Physical Education for students from non-major faculties at the Faculty of Physical Education, Sport, and Health, University "Ss. Cyril and Methodius" – Skopje, in the field of Applied Kinesiology. The appointment report was published in Bulletin No. 937 on February 29, 2008.

14/02/2003 - 2008 - SKOPJE, NORTH MACEDONIA

PROFESSORFACULTY OF PHYSICAL EDUCATION, SPORT AND HEALTH

Professor February 14, 2003: Appointed to the rank of Professor in the subject of Physical Education for students from non-major faculties at the Faculty of Physical Education, Sport, and Health – Skopje, University "Ss. Cyril and Methodius" – Skopje, in the field of Applied Kinesiology. The appointment report was published in Bulletin No. 821 on February 14, 2003.

2000 - 2003 - SKOPJE, NORTH MACEDONIA

SENIOR LECTURERFACULTY OF PHYSICAL EDUCATION, SPORT AND HEALTH

Senior Lecturer Appointed to the rank of Senior Lecturer in the subject of Physical Education for students from non-major faculties at the Faculty of Physical Education, Sport, and Health, Dimche Mirchev St. No. 3, Skopje,

University “Ss. Cyril and Methodius” – Skopje, in the field of Applied Kinesiology. The appointment report was published in Bulletin No. 749 on January 28, 2000.

1997 - 2000 - SKOPJE, NORTH MACEDONIA

LECTURERFACULTY OF PHYSICAL EDUCATION, SPORT AND HEALTH

Lecturer Appointed to the rank of Lecturer at the Faculty of Physical Education, Sport, and Health, Dimche Mirchev St. No. 3, Skopje, University “Ss. Cyril and Methodius” – Skopje, in the field of Applied Kinesiology. The appointment report was published in Bulletin No. 676 on February 5, 1997.

1995 - 1997

TEACHERDSEPU VASIL ANTEVSKI-DREN HIGH SCHOOL

Professor at DSEPU “Vasil Antevski-Dren” High School

1991 - 1994

FITNESS AND AEROBICS TRAINEROLYMPIC FITNESS CLUB

Fitness and Aerobics Trainer- at Olympic Fitness Club

EDUCATION & TRAINING

22/03/2002 - SKOPJE, NORTH MACEDONIA

DOCTOR OF SCIENCE IN KINESIOLOGY- FACULTY OF PHYSICAL CULTURE

Doctoral Dissertation Application on April 18, 2000, at the Faculty of Physical Culture, University “Ss. Cyril and Methodius,” Skopje. Doctoral Dissertation Defense on March 22, 2002, on the topic "Relations of Certain Psychological Traits, Basic Motor Abilities, and Morphological Characteristics of Students from the Skopje University with Attitudes Toward Physical Education," supervised by Prof. Dr. Dimitar Keramichiev. This resulted in the awarding of the scientific degree of Doctor of Science in the field of Kinesiology.

Thesis: Relations of Certain Psychological Traits, Basic Motor Abilities, and Morphological Characteristics of Students from the Skopje University with Attitudes Toward Physical Education

1989 - 21/12/1995 - NOVI SAD, SERBIA

MASTER’S DEGREE- FACULTY OF PHYSICAL CULTURE

University of Novi Sad. Enrolled in academic year 1989/1990. Supervisor: Prof. Dr. Branko Krsmanović. The source CV identifies the country as the Socialist Federal Republic of Yugoslavia.

Thesis: Social and Experiential Characteristics of Students as Determinants of Their Attitudes Toward Physical Education

1984 - 02/03/1989 - SKOPJE, NORTH MACEDONIA

HIGHER EDUCATION - GRADUATE STUDIES- FACULTY OF PHYSICAL CULTURE

Ss. Cyril and Methodius University, Skopje. Mentor: Katica Dimova.

Final grade: 8.36

1980 - 15/06/1984 - SKOPJE, NORTH MACEDONIA

SECONDARY EDUCATION- METODIJA MITEVSKI-BRICJO SCHOOL OF PHYSICAL CULTURE

Completed with excellent results. Awarded top student of the generation.

1972 - 1980 - KAVADARCI, NORTH MACEDONIA

PRIMARY EDUCATION- TODE HADJI TEFOV PRIMARY SCHOOL

LANGUAGE SKILLS

Mother tongue(s): **MACEDONIAN**

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B1	B1	B1	B1	B1

SKILLS

Word | Excel | PowerPoint

PUBLICATIONS

Significance of the differences and the developing trend of the growth of the body in boys aged 6-14 2020

Novačevska, S., Dimitrioska, K.J., & Stamenov, R. (2020). Significance of the differences and the developing trend of the growth of the body in boys aged 6-14. Research in Physical Education, Sport and Health, Vol. 9, No. 1, pp. 217-224.

The developing trend of body growth in girls from 6-14 years old 2020

Novačevska, S., Stamenov, R., Dimitrioska, K.J., Krstevski, B., & Todorovski, S. (2020). The developing trend of body growth in girls from 6-14 years old. Research in Physical Education, Sport and Health, Vol. 9, No. 2, pp. 135-142.

The impact of demographic factors on the level of physical activity in female students 2020

Dimitrioska, K.J., Novačevska, S., Stamenov, R., & Todorovski, S. (2020). The impact of demographic factors on the level of physical activity in female students. Research in Physical Education, Sport and Health, Vol. 9, No. 1, pp. 91-96.

Preference of physical and sports activities in students with and without deviant behavior between the ages of 11 to 15 2020

Stamenov, R., Krstevski, B., Novačevska, S., Dimitrioska K.,J., & Todorovski, S. (2020). Preference of physical and sports activities in students with and without deviant behavior between the ages of 11 to 15. Research in Physical Education, Sport and Health, Vol. 9, No. 2, pp. 129-134.

Influence of some anthropometric variables on motor variables defining the explosive force of the lower limbs in basketball players aged 14 2020

Krstevski, B., Stamenov, R., Krstevska, M., Krstevska, E., Novačevska, S., Dimitrioska, K.J., & Todorovski, S. (2020). Influence of some anthropometric variables on motor variables defining the explosive force of the lower limbs in basketball players aged 14. Research in Physical Education, Sport and Health, Vol. 9, No. 2, pp. 125-128.

Defining and comparing the anthropometric structure of male and female students aged 11 with different methodological and statistical approaches 2021

Dimitrioska, K.J., Novačevska, S., Stamenov, R., & Todorovski, S. (2021). Defining and comparing the anthropometric structure of male and female students aged 11 with different methodological and statistical approaches. Research in Physical Education, Sport and Health, Vol. 10, No. 2, pp. 37-41.

Effects of online teaching of sport and health for UKIM University students during the COVID-19 pandemic 2022

Novačevska, S., Dimitrioska, K.J., Stamenov, R., Todorovski, S., & Krstevski, B. (2022). Effects of online teaching

of sport and health for UKIM University students during the COVID-19 pandemic. Research in Physical Education, Sport and Health, Vol. 11, No. 1, pp. 219-229.

Impact of some anthropometric variables on specific basketball movements in 14-year-old basketball players 2022

Krstevski, B., Stamenov, R., Novačevska, S., Dimitrioska, K.J., Todorovski, S., Krstevska, M., & Krstevska, E. (2022). Impact of some anthropometric variables on specific basketball movements in 14-year-old basketball players. Research in Physical Education, Sport and Health, Vol. 11, No. 1, pp. 121-124.

Differences between students with and without behavioral deviations in sport activities and several psychosocial factors 2022

Stamenov, R., Krstevski, B., Novačevska, S., Dimitrioska, K.J., & Todorovski, S. (2022). Differences between students with and without behavioral deviations in sport activities and several psychosocial factors. Research in Physical Education, Sport and Health, Vol. 11, No. 1, pp. 111-115.

Discriminatory analysis between males and females in motor tests among 11-year-old students 2022

Dimitrioska, K.J., Novačevska, S., Todorovski, S., Stamenov, R., & Krstevski, B. (2022). Discriminatory analysis between males and females in motor tests among 11-year-old students. Research in Physical Education, Sport and Health, Vol. 11, No. 1, pp. 289-292.

Physical activity among students aged 6 to 8 years (Abstract), 18th FIEPS European Congress & 6th Scientific Conference – RPESH, May 30 - June 2, 2024, Ohrid. 2024

Gontareva, N., Stamenov, R., Novačevska, S., Krstevski, B., Todorovski, S., & Dimitrioska, K.J. (2024). Physical activity among students aged 6 to 8 years (Abstract), 18th FIEPS European Congress & 6th Scientific Conference – RPESH, May 30 - June 2, 2024, Ohrid.

Influence of some psychosocial factors on physical and sport activities in students aged 11-15 with behavioral deviations 2021

Stamenov, R., Krstevski, B., Novačevska, S., Dimitrioska, K.J., & Todorovski, S. (2021). Influence of some psychosocial factors on physical and sport activities in students aged 11-15 with behavioral deviations. XXIII International Scientific Conference "FIS Communications 2021" in Physical Education, Sport and Recreation, Niš, Serbia, Oct 21-23, 2021, pp. 237-241.

Teaching Sport and Health for UKIM students during the COVID-19 pandemic 2020

Professional journal article.

Novačevska, S. (2020). Teaching Sport and Health for UKIM students during the COVID-19 pandemic. Kondicija, Vol. 7, No. 12, pp. 60-67.

Aerobics – origins, development, and trends 2020

Professional journal article.

Novačevska, S., Dimitrioska, K.J., Stamenov, R., Krstevski, B., Todorovski, S. (2020). Aerobics – origins, development, and trends. Kondicija, Vol. 7, No. 13, pp. 53-58.

The coach as a generator for achieving high sports results and a system for implementing training and competition control 2020

Professional journal article.

Krstevski, B., Stamenov, R., Novačevska, S., Dimitrioska, K.J., Todorovski, S. (2020). The coach as a generator for achieving high sports results and a system for implementing training and competition control. Kondicija, Vol. 7, No. 13, pp. 40-44.

Golf – a historical overview 2020

Professional journal article.

Stamenov, R., Krstevski, B., Novačevska, S., Dimitrioska, K.J., Todorovski, S. (2020). Golf – a historical overview. Kondicija, Vol. 7, No. 13, pp. 76-82.

Physical culture through history 2020

Professional journal article.

Dimitrioska, K.J., Novačevska, S., Todorovski, S., Stamenov, R., Krstevski, B. (2020). Physical culture through history. Kondicija, Vol. 7, No. 13, pp. 59-63.

The importance of physical exercises for proper psychophysical development of preschool children 2021

Professional journal article.

Novačevska, S., Stamenov, R., Krstevski, B., Dimitrioska, K.J., Todorovski, S. (2021). The importance of physical exercises for proper psychophysical development of preschool children. Kondicija, Vol. 8, No. 14, pp. 57-62.

Basics of golf 2021

Professional journal article.

Stamenov, R., Novačevska, S., Krstevski, B., Todorovski, S., Dimitrioska, K.J. (2021). Basics of golf. Kondicija, Vol. 8, No. 14, pp. 5-11.

Golf basics – alignment and proper body positioning 2021

Professional journal article.

Stamenov, R., Novačevska, S., Krstevski, B., Todorovski, S., Dimitrioska, K.J. (2021). Golf basics – alignment and proper body positioning. Kondicija, Vol. 8, No. 15, pp. 3-7.

Dance as a form of self-expression and its development 2021

Professional journal article.

Novačevska, S., Dimitrioska, K.J., Stamenov, R., Todorovski, S. (2021). Dance as a form of self-expression and its development. Kondicija, Vol. 8, No. 15, pp. 14-23.

Walking as a fundamental form of physical activity 2022

Professional journal article.

Novačevska, S. (2022). Walking as a fundamental form of physical activity. Kondicija, Vol. 9, No. 17, pp. 27-32.

Safety aspects in physical activity 2023

Professional journal article.

Novačevska, S., Stamenov, R., Dimitrioska, K.J., Todorovski, S. (2023). Safety aspects in physical activity. Kondicija, Vol. 10, No. 19, pp. 28-33.

ADDITIONAL CONTACT INFORMATION

Telephone listed in source CV

Additional telephone number, retained as supplied: +389 2776-606.

LANGUAGE PROFICIENCY

Macedonian self-assessment

Macedonian is the mother tongue. The source also records C2 for listening, reading, spoken interaction, spoken production and writing.

COMMUNICATION SKILLS

Teaching, feedback and communication

Clear and Effective Lecturing: Ability to deliver complex information in an accessible and engaging way to students with diverse learning styles.

Constructive Feedback: Providing timely and actionable feedback on assignments, assessments, and projects to support student development.

Student Engagement: Using interactive teaching methods to encourage active participation and foster a supportive learning environment.

Mentorship and Guidance: Offering one-on-one guidance and mentorship to students in both academic and career-related matters.

Public Speaking: Experience presenting research findings at conferences, seminars, and workshops to academic and professional audiences.

Collaboration with Colleagues: Effective communication with academic peers for curriculum development, joint research, and faculty meetings.

Conflict Resolution: Addressing and resolving student conflicts or concerns with empathy and professionalism.

Adaptability in Communication: Ability to adjust communication style to effectively connect with undergraduate, graduate, and adult learners.

Written Communication Skills: Skilled in drafting research papers, grant proposals, and academic publications to contribute to the field.

Cultural Sensitivity: Engaging with students from diverse backgrounds, respecting different perspectives, and promoting inclusivity in discussions.

ORGANISATIONAL AND MANAGERIAL SKILLS

Academic organisation and leadership

Strong Organizational Skills: Proficient in managing course schedules, research projects, and departmental responsibilities effectively.

Advanced Communication Skills: Skilled in conveying complex concepts clearly, both in lectures and written academic materials, fostering an inclusive learning environment.

Leadership Abilities: Proven leadership in coordinating academic programs, guiding students, and contributing to departmental goals.

Commitment to Continuous Learning and Development: Dedicated to ongoing professional and personal growth through research, training, and academic conferences.

Adaptability and Flexibility: Quick adjust teaching methods and course materials to meet diverse student needs and new academic standards.

Academic Research and Analytical Proficiency: Experienced in conducting rigorous research, analyzing data, and publishing findings in peer-reviewed journals.

Innovative and Creative Teaching: Engages students through innovative teaching methods and interactive learning experiences.

Mentorship and Guidance: Provides effective mentorship to students and junior faculty, supporting academic and career development.

Ethical Standards and Professionalism: Upholds high ethical standards in teaching, research, and all academic interactions.

Curriculum Development Expertise: Skilled in designing, updating, and implementing curriculum that meets academic standards and student needs.

JOB-RELATED SKILLS

Teaching, research and quality assurance

Course Design and Instruction: Developed and delivered specialized courses in Aerobics, Fitness, Skiing, and Swimming, adapting techniques to accommodate various fitness levels and learning styles.

Student Assessment and Evaluation: Designed assessments to evaluate student progress in fitness and skill-based courses, measuring improvements in areas such as endurance, technique, and overall physical health.

Educational Technology Proficiency: Utilized fitness-tracking software and virtual instruction tools to enhance teaching in Fitness Training and Aerobics, providing students with digital resources to track and improve their performance.

Curriculum Development and Review: Contributed to curriculum development in physical education programs, integrating Aerobics, Fitness, Skiing, and Swimming Instruction into comprehensive training modules.

Student Counseling and Advising: Advised students pursuing careers in physical education and fitness, offering insights and guidance in aerobics, skiing, swimming, and fitness training for professional growth.

Interdisciplinary Collaboration: Collaborated with departments like health sciences and psychology to explore the benefits of fitness training and swimming for mental and physical well-being, integrating these insights into course content.

Academic Research and Analytical Proficiency: Conducted research on the physical and psychological benefits of aerobics and swimming, publishing findings on the impact of these activities on student health and well-being.

Peer Review and Academic Quality Assurance: Reviewed and evaluated academic materials related to fitness and physical education, ensuring content quality and relevance in areas such as aerobics, swimming, and skiing.

OTHER SKILLS

Decision-making, negotiation and initiative

Ability to Influence and Negotiate

Decision-Making Skills

Conflict Resolution

Initiative and Proactiveness

Creative Thinking

DIGITAL COMPETENCE

Computer literacy

Good computer literacy, proficient in Microsoft Office Suite: Word, Excel and PowerPoint. The digital self-assessment row in the source is marked B1 for information processing, communication, content creation, safety and problem solving; this source notation is retained without interpreting it as a standard digital proficiency level.

DRIVING LICENCE

Category B

Driving licence category B.

MEMBERSHIPS AND PROFESSIONAL RESPONSIBILITIES

Member of the Editorial Board of the scientific-professional journal Kondicija

Member of the Editorial Board of the scientific-professional journal Kondicija

Member of the Editorial Board of the international scientific-professional journal

Member of the Editorial Board of the international scientific-professional journal: Research in Physical Education, Sport, and Health (RPESH Physical Education, Sport, and Health)

Chief Coordinator of the National University Sports Competitions of the Republic of North Macedonia for both team and individual s

Chief Coordinator of the National University Sports Competitions of the Republic of North Macedonia for both team and individual sports

NATIONAL RESEARCH PROJECTS

Physical and motor development in Bogdanci

Participant in the national research project The Physical and Motor Development Status of Children and Adolescents in Bogdanci Municipality. Funded by the Municipality of Bogdanci. Date stated: 5 October 2022.