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# Jana Karshakovska Dimitrioska

**Date of birth:** 28/03/1966 | **Nationality:** Macedonian/citizen of the Republic of North Macedonia | **Gender:** Female | **Phone:** (+389) 70262625 (Mobile), (+389) 02113654 (Home) | **Email address:** janakdimitrioska@yahoo.com | **Address:** Todor Aleksandrov 71, 1000, Skopje, North Macedonia (Home)

## WORK EXPERIENCE

SKOPJE, NORTH MACEDONIA

**ASSOCIATE PROFESSOR**FACULTY OF PHYSICAL EDUCATION, SPORTS AND HEALTH

Ss. Cyril and Methodius University. Public, educational and scientific institution.
Appointment year: 2024.

SKOPJE, NORTH MACEDONIA

**DOCENT**FACULTY OF PHYSICAL EDUCATION, SPORTS AND HEALTH

Ss. Cyril and Methodius University. Public, educational and scientific institution.
Appointment year: 2020.

2008 - 2020 - SKOPJE, NORTH MACEDONIA

**SENIOR LECTURER**FACULTY OF PHYSICAL EDUCATION, SPORTS AND HEALTH

Ss. Cyril and Methodius University. Public, educational and scientific institution.

## EDUCATION & TRAINING

2008 - SKOPJE, NORTH MACEDONIA

**DOCTORAL DISSERTATION IN SOCIOLOGICAL, LEGAL AND POLITICAL RESEARCH**- INSTITUTE FOR SOCIOLOGICAL, LEGAL AND POLITICAL RESEARCH

Ss. Cyril and Methodius University, Skopje.

2005 - SKOPJE, NORTH MACEDONIA

**MASTER'S DISSERTATION**- FACULTY OF PHYSICAL EDUCATION, SPORTS AND HEALTH

Ss. Cyril and Methodius University, Skopje.

1988 - SKOPJE, NORTH MACEDONIA

**GRADUATE OF THE FACULTY OF PHYSICAL CULTURE**- FACULTY OF PHYSICAL CULTURE - SKOPJE

1984 - SKOPJE, NORTH MACEDONIA

**SECONDARY EDUCATION**- METODIJ MITEVSKI BRICO - SKOPJE

## LANGUAGE SKILLS

Mother tongue(s): **MACEDONIAN**

| | UNDERSTANDING | | SPEAKING | | WRITING |
|---|---|---|---|---|---|
| | Listening | Reading | Spoken production | Spoken interaction | |
| **ENGLISH** | B1 | B1 | B1 | B1 | |
| **GLOBAL.LANGUAGE.CES** | C1 | C1 | C1 | C1 | |

## SKILLS

Information processing - Independent user | Communication - Independent user | Content creation - Independent user | Safety - Independent user | Problem solving - Independent user

## PUBLICATIONS

**Analysis of ontogenetic development of the school population from the primary schools in the Republic N.Macedonia** 2020

Analysis of ontogenetic development of the school population from the primary schools in the Republic N.Macedonia. Research in physical education, sport and health. 2020.

Electronic database listed in the source CV: Ebsco.

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**Defining and comparing the anthropometric structure whit male and female students at the age of 11 years with different methodological and statistic approaches** 2021

Defining and comparing the anthropometric structure whit male and female students at the age of 11 years with different methodological and statistic approaches. Research in physical education, sport and health. 2021.

Electronic database listed in the source CV: Ebsco.

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**Significance of the differences and the developing trend of the growth of the body at boys age 6-14** 2020

Significance of the differences and the developing trend of the growth of the body at boys age 6-14. Research in physical education, sport and health. 2020.

Electronic database listed in the source CV: Ebsco.

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**The developing trend of body growth in girls from 6-14 years old** 2020

The developing trend of body growth in girls from 6-14 years old. Research in physical education, sport and health. 2020.

Electronic database listed in the source CV: Ebsco.

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**The impact of demographic factors upon the level of physical activity in female students** 2020

The impact of demographic factors upon the level of physical activity in female students. Research in physical education, sport and health. 2020.

Electronic database listed in the source CV: Ebsco.

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**The preference of physical and sports activities in students with and without deviant behavior between the age 11 to 15** 2020

The preference of physical and sports activities in students with and without deviant behavior between the age 11 to 15. Research in physical education, sport and health. 2020.

Electronic database listed in the source CV: Ebsco.

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**The influence of some anthropometric variables on certain motor variables that define the explosive**

**force of the lower limbs in basketball players aged 14** 2020

The influence of some anthropometric variables on certain motor variables that define the explosive force of the lower limbs in basketball players aged 14. Research in physical education, sport and health. 2020.

Electronic database listed in the source CV: Ebsco.

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**Discriminatory analysis between male and female in motor tests in students from 11 years of age** 2022

Discriminatory analysis between male and female in motor tests in students from 11 years of age. Research in physical education, sport and health. 2022.

Electronic database listed in the source CV: Ebsco.

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**Effects of online teaching sport and healt in students from UKIM Univecity during the pandemic 19,covid** 2022

Effects of online teaching sport and healt in students from UKIM Univecity during the pandemic 19,covid. Research in physical education, sport and health. 2022.

Electronic database listed in the source CV: Ebsco.

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**Differences between students that showed and did not show deviation in behavior and sport activities and several psychosocial factors** 2022

Differences between students that showed and did not show deviation in behavior and sport activities and several psychosocial factors. Research in physical education, sport and health. 2022.

Electronic database listed in the source CV: Ebsco.

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**Impact of some anthropometrical variables on the specific basketball movements in 14 years old basketball players** 2022

Impact of some anthropometrical variables on the specific basketball movements in 14 years old basketball players. Research in physical education, sport and health. 2022.

Electronic database listed in the source CV: Ebsco.

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**The impact and differeces of antropometric characteristic and motor skills in two generation students in the athletic discipline- Running 1500m** 2022

The impact and differeces of antropometric characteristic and motor skills in two generation students in the athletic discipline- Running 1500m. Research in physical education, sport and health. 2022.

Electronic database listed in the source CV: Ebsco.

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**The influence of some psychosocial factors on physical and sport activities in students 11 to 15 years of age who showed deviation in behavior** 2021

The influence of some psychosocial factors on physical and sport activities in students 11 to 15 years of age who showed deviation in behavior.

Proceedings: FIS COMMUNICATIONS 2021 in physical education, sport and recreation, Nis, Serbia.

XXIII International Scientific Conference “FIS Communications 2021” in physical education, sport and recreation, Nis, Serbia.

Country listed: Serbia. Publication year: 2021.

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## DRIVING LICENCE

**Category B**

B