

“SS. CYRIL AND METHODIUS” UNIVERSITY - SKOPJE
Faculty of Physical Education, Sport, and Health



DEAN

AFTER 40 YEARS OF EXISTENCE, today we are standing proud as one of the best, most renowned institutions associated with sports and physical activity. An institution which is an engine of probably the most important biological need of the human being - movement. This higher education institution

promotes physical and mental health through physical activity and sports. For 40 years we have been producing staff who raise the awareness of exercise, points out the benefits of its systemic application. The students are our strength and power, which through the educational process are our potential future teachers, thus each and every one of us has the mission to learn the true Olympic values, necessary for the successful realization of the teaching of physical and health education at all levels - from elementary to university education.

Sports, physical activity and science are inseparable. All the staff produced by the Faculty, without false modesty, are figures with integrity.

The profile professor of physical education has a mission, goal, task, and responsibility to engage in the entire period of development of children, of the adolescent or the human being in general, and to encourage, develop and create sports culture and sports socialization. To create, through sport, individuals with positive values and qualities, individuals with self-confidence, perseverance, endurance and discipline. To create a sense of value, honesty and belonging to a group, to the nation, while building one's own identity.

A graduated coach is a complex person, just as the multidisciplinary character of the Faculty. The coach is a role model for all future sports stars. Not everyone can be a coach, our coach is educated, has social intelligence, self-control and emotional stability, simply said he is a second mother or a father to our most precious, i.e. our children.

The sports manager is a person who makes decisions on planning, organizing, guiding, creating, motivating, communicating, controlling as well as evaluating, in order to realize the highly set goals. He points to the professionalism, dedication and involvement of the best experts in order to reach the top. There is no other path and therefore sports science says that sport is a privilege of the finest PERSONS.

The sports journalist is the spiritual leader of athletes; he, in a word, sentence or article, either motivates the athlete or encourages him to become more self-aware. He follows each step of the athlete, and is directly related to the sporting results and his psycho -physical development.

In order to create sports stars, the best professional scientific staff are necessary. In order to encourage many people to exercise, again experts are needed. In order to develop programs which athletes are to follow and will be healthy, happy, and content with, again experts are needed.

Today, with full responsibility as the head of this institution, I claim that the people, that is, the professors and the students are the embodiment of the Faculty. Inadequate spatial conditions did not prevent these experts from being their best. These are true teachers, since their love towards sports is sincere and it simply is their life, everything else is unacceptable. This is sport, this is physical activity. That is why sport is a challenge for each individual.

Finally, to summarize, sport is a social activity conducted fairly and righteously, an activity which enriches the community and the friendship between the nations.

Sport is an activity that offers individual opportunities for self-education, self-expression and a feeling of complete fulfillment; personal achievements, acquisition of skills and demonstration of abilities; social impact, pleasure, good health and well-being.

Sports promote participation, integration, and responsibility towards society and it contributes for the development of the community.

Sports and physical activity are an integral part of the culture of each nation.

And let us always be reminded of the slogan "Participate in sports to be healthy and happy". A healthy nation is achieved through participation in sports, this is the only way through which one can reach their greatest peaks and heights.

Dean

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