



# 4<sup>th</sup> INTERNATIONAL SCIENTIFIC VIRTUAL CONFERENCE IN PHYSICAL EDUCATION, SPORTS AND HEALTH RPESH2020

04 – 05 JUNE, SKOPJE, REPUBLIC OF NORTH OF MACEDONIA  
Hosted by: FACULTY OF PHYSICAL EDUCATION, SPORT AND HEALTH

## VIDEO CONFERENCE PROGRAMME

04 June 2020, Thursday			
10.00 – 18.00 h	Online registration on virtual conference	Join to online meeting	

05 June 2020, Friday			
09.45 – 10.00	Prof. Dr. Lence ALEKSOVSKA VELCKOVSKA Dean on Faculty of physical education, sport and health		
10.00 – 12.30	10.00 – 10.45 Prof. Dr. Natalia BALAGUÉ	10.50 - 11.40 Prof. Dr. Mojca DOUPNA	11.45 – 12.30 Prof. Dr. Mehmet GÜNAY
Topic	UPDATING EXERCISE PRESCRIPTION IN HEALTH AND DISEASE <a href="#">Join the video meeting</a>	THE ROLE OF PARENTS IN THE SPORTS CAREERS OF YOUNG ATHLETES <a href="#">Join the video meeting</a>	THE ROLE OF TRAINER FOR IMPROVING ATHLETE'S HEALTH AND PERFORMANCE <a href="#">Join the video meeting</a>
12.30 – 13.00	Question time from participant on virtual conference		
ORAL SESSION ROOMS			
13.00 – 16.30	Video Session Room 1 PHYSICAL EDUCATION, ELEMENTARY GAME AND TEACHER TRAINING <a href="#">Join the video meeting</a>	Video Session Room 2 SPORT, SPORT MANAGEMENT AND SPORT ETHICS <a href="#">Join the video meeting</a>	Video Session Room 3 HEALTH, EXERCISE, WELLNESS AND FITNESS <a href="#">Join the video meeting</a>
	Moderator Prof. Dr. Serjoza GONTAREV	Moderator Prof. Dr. Ivan ANASTASOVSKI	Moderator Prof. Dr. Milan NAUMOVSKI
Presenters speakers	13.00 – 13.15 Pablo VAZQUEZ	13.00 – 13.15 Lence A. VELICKOVSKA	13.00 – 13.15 Tatyana DZIMBOVA

	<p>Topic</p> <p>WHAT DO INTER-LIMBIC RUNNING CORRELATIONS TELL US ABOUT COORDINATION UNDER FATIGUE</p>	<p>Topic</p> <p>ANXIETY OF SPORTS COACHES FROM DIFFERENT SPORTS</p>	<p>Topic</p> <p>NUTRITIONAL PATERNS OF CHILDREN INVOLVED IN FOUR DIFFERENT SPORTS: SKI, GYMNASTICS, FOOTBALL, AND BASKETBALL</p>
	<p>13.15 - 13.30</p> <p><b>Martin ANDONOVSKI</b></p> <p>Topic</p> <p>DIFFERENCES IN THE TESTS FOR ASSESSMENT OF STRENGTH AND SPEED MOTOR ABILITIES BETWEEN 3 GENERATIONS (15, 16 AND 17 YEARS OF AGE) BOYS AND GIRLS</p>	<p>13.15 - 13.30</p> <p><b>Boro DASKALOVSKI</b></p> <p>Topic</p> <p>DIFFERENCES IN PERFORMANCE RATES AMONG VTB TEAMS</p>	<p>13.15 - 13.30</p> <p><b>Linda ZEQRIRI</b></p> <p>Topic</p> <p>BODY COMPOSITION OF FEMALES IN TWO AGE GROUPS</p>
	<p>13.30 - 13.45</p> <p><b>Jana KARSKAVSKA DIMITRIOSKA</b></p> <p>Topic</p> <p>INFLUENCE OF DEMOGRAPHIC FACTORS ON LEVEL OF PHYSICAL ACTIVITY AMONG STUDENTS</p>	<p>13.30 - 13.45</p> <p><b>Aleksandar MARKOV</b></p> <p>Topic</p> <p>ANAEROBIC CAPACITY OF LOWER LIMBS IS CRUCIAL FOR GYMNAST'S PERFORMANCE</p>	<p>13.30 - 13.45</p> <p><b>Slavica NOVACEVSKA</b></p> <p>Topic</p> <p>SIGNIFICANCE OF THE DIFFERENCES AND THE DEVELOPING TREND OF THE GROWTH OF THE BODY AT BOYS AGE 6-14</p>
	<p>13.45 – 14.00</p> <p><b>Ivan ANASTASOVSKI</b></p> <p>Topic</p> <p>PREVENTION OF VIOLENCE IN EDUCATION THROUGH SOCIOPEDAGOGICAL PRACTICE BASED ON THE RISK LEVEL</p>	<p>13.45 – 14.00</p> <p><b>Nikolay HADZHIEV</b></p> <p>Topic</p> <p>THE INFLUENCE OF ANTHROPOMETRIC CHARACTERISTICS AND ANAEROBIC CAPACITY OF THE LOWER LIMBS ON THE TECHNICAL SKILLS OF ADOLESCENT BASKETBALL PLAYERS</p>	<p>13.45 – 14.00</p> <p><b>Snezana LAZAREVSKA</b></p> <p>Topic</p> <p>PROFESSIONAL EXPOSURE OF THE MUSCULOSKELETAL SYSTEM IN PATIENTS WITH LUMBAR SYNDROME</p>
	<p>14.00 – 14.15</p> <p><b>Mitricka Dz. STARDELOVA</b></p> <p>Topic</p> <p>ANALYSIS OF THE ONTOGENETIC DEVELOPMENT OF SCHOOL POPULATION FROM BASIC SCHOOLS IN REPUBLIC OF NORTH OF MACEDONIA</p>	<p>14.00 – 14.15</p> <p><b>Aleksandar SIMEONOV</b></p> <p>Topic</p> <p>RELATIONS AND DEVELOPMENTS OF MORPHOLOGICAL CHARACTERISTICS AND MOTOR REQUIREMENTS IN TWO GENERATION STUDENTS FROM F.F.O.S.Z. IN THE ATHLETIC DISCIPLINE SHOT PUT</p>	<p>14.00 – 14.15</p> <p><b>Sanja MANCEVSKA</b></p> <p>Topic</p> <p>VITAMIN SUPPLEMENTATION IN ATHLETES WHERE DO WE STAND IN THE MOMENT</p>
	<p>14.15 – 14.30</p> <p><b>Aleksadar ACESKI</b></p> <p>Topic</p>	<p>14.15 – 14.30</p> <p><b>Snezana RISTEVSKA – JOVANOVSKA</b></p> <p>Topic</p>	<p>14.15 – 14.30</p> <p><b>Katrina POPESKA</b></p> <p>Topic</p>

	КИНЕМАТИЧКА АНАЛИЗА НА НАУПОР СКЛОПНО НА ВРАТИЛО КАЈ ИСПИТАНИЦИ СО РАЗЛИЧНО НИВО НА ВЕШТОСТ	BRAND AND BRANDING STRATEGIES	DIFFERENCES BETWEEN PHYSICAL FITNESS PROFILES OF CHILDREN IN URBAN AND SUBURBAN AREA IN SKOPJE LOCAL MUNICIPALITY
	<b>14.30 – 14.45</b> <b>Vlatko NEDELKOVSKI</b> Topic ANALYSIS OF DIFFERENCES IN THE STRUCTURE OF HANDBALL GAME IN THE COMPETITION OF THE FINAL FOUR LEAGUE CHAMPIONSHIP MEN'S	<b>14.30 - 14.45</b> <b>Snezana RISTEVSKA – JOVANOVSKA</b> Topic SPORTS MARKETING - PRODUCTS AND CUSTOMERS	<b>14.30 – 14 45</b> <b>Jasmina PLUNCEVIC GLIGOROSKA</b> Topic PHENOMENON OF ATHLETE'S HEART, POSITIVE PHYSIOLOGICAL ADAPTATION TO EXERCISE: WHEN AND HOW
	<b>14.45 – 15.00</b> <b>Tatjana STOJANOSKA IVANOVA</b> Topic СОЦИОЛОШКИ АСПЕКТИ НА НАСИЛНО ОДЕНСУВАЊЕ ВО СОВРЕМЕНОТО ОПШТЕСТВО	<b>14.45 – 15.00</b> <b>Vlatko PAVLESKI</b> Topic JUDGING OBJECTIVITY ANALYSIS WITH JUDGING COMPONENT "TECHNICAL QUALITIES" IN STANDARD SPORT DANCE "ENGLISH WALTZ"	<b>14.45 – 15.00</b> <b>Sanja MANCEVSKA</b> Topic НИВО НА ФИЗИЧКА АКТИВНОСТ И АНТРОПОМЕТРИСКИ ОСОБИНИ НА СТУДЕНТИТЕ ОД МЕДИЦИНСКИ ФАКУЛТЕТ
	<b>15.00 – 15.15</b> <b>Luka POPOVSKI</b> Topic THE DIRECTORS CONTRIBUTION IN DEVELOPMENT OF ETHICS IN PRIMARY SCHOOL	<b>15.00 – 15.15</b> <b>Vlatko PAVLESKI</b> Topic JUDGING OBJECTIVITY ANALYSIS WITH JUDGING COMPONENT "CHOREOGRAPHY AND PRESENTATION" IN LATIN AMERICAN SPORT DANCE "CHA CHA CHA"	<b>15.00 – 15.15</b> <b>Esmire TERSHNJAKU</b> Topic OVERWEIGHT AND OBESITY IN COMMUNITY WITH DOWN SYNDROME
	<b>15.15 – 15.30</b> <b>Katerina SPASOVSKA</b> Topic УСПЕШНА ИЗВЕДБА НА ГИМНАСТИЧКИОТ ЕЛЕМЕНТ КОВРТЉАЈ НАЗАД ОД УПОР ПРЕДЕН НА ВРАТИЛО ВО ЗАВИСНОСТ ОД АНТРОПОМЕТРИСКИТЕ, МОТОРНИТЕ И ПСИХОЛОШКИТЕ ФАКТОРИ	<b>15.15 – 15.30</b> <b>Adrian KADOLLI</b> Topic COMPARISON OF WOMEN'S BODY PARAMETERS 30-50 YEARS OLD, BETWEEN THOSE WHO DO SPORTS AND THOSE WHO DO NOT	<b>15.15 – 15.30</b> <b>Maria JELACA</b> Topic A REPORT ON THE IMPACTS OF THE CORONAVIRUS SARS-COV-2 "SHELTER-IN-PLACE ORDER" ON FITNESS AND WELLBEING
	<b>15.30 – 15.45</b>	<b>15.30 – 15.45</b> <b>Serdar USLU</b>	<b>15.30 – 15.45</b>

	<p><b>Елизабета ТОМЕВСКА-ИЛИЕВСКА</b> Topic ОРГАНИЗАЦИЈА И ИМПЛЕМЕНТАЦИЈА НА УЧЕЊЕТО НА ДАЛЕЧИНА ВО УСЛОВИ НА ВОНРЕДНА СИТУАЦИЈА ВО ОСНОВНИТЕ УЧИЛИШТА</p>	<p>Topic EXAMINATION OF ELITE VOLLEYBALL PLAYERS' DOPING KNOWLEDGE LEVELS AND THEIR OPINIONS ABOUT DOPING</p>	<p><b>Jana KARSAKOVSKA DIMITOSKA</b> Topic PHYSICAL ACTIVITY OF THE STUDENTS DURING THE PANDEMIC</p>
	<p><b>15.45 – 16.00</b> <b>Isni ALIJI</b> Topic ВЛИЈАНИЕ НА СОЦИО-ДЕМОГРАФСКИТЕ КАРАКТЕРИСТИКИ ВРЗ ДЕВИЈАНТНОТО ОДНЕСУВАЊЕ НА СПОРТСКИТЕ МАНИФЕСТАЦИЈА КАЈ МОМЧИЊАТА ОД МАКЕДОНСКА И АЛБАНСКА НАЦИОНАЛНОСТ ОД КУМАНОВСКО-ЛИПКОВСКИОТ РЕГИОН</p>	<p><b>15.45 – 16.00</b> <b>Emre DİRİER</b> Topic THE EFFECT OF UNSUPERVISED DATA AND TECHNICAL VARIABLES ON LEAGUE MATCHES IN ELITE VOLLEYBALL PLAYERS ON SUCCESS</p>	<p><b>15.45 – 16.00</b> <b>Zoran HANDJISKI</b> Topic CLINICAL TORSION PROFILE AND INCIDENCE AND TYPES OF INJURIES OF LEGS IN YOUNG MALE HANDBALL PLAYERS</p>
	<p><b>16.00 - 16.15</b> <b>Kostadin KODZOMAN</b> Topic PHYSICAL FITNESS AND BODY COMPOSITION IN CORRELATION WITH BODY WEIGHT OF PUPILS FROM 1-V GRADE IN PRIMARY SCHOOLS ON THE TERRITORY OF THE CITY OF SKOPJE</p>	<p><b>16.00 - 16.15</b> <b>Zikica TASEVSKI</b> Topic ВЛИЈАНИЕТО НА АДАПТИРАН ФУНКЦИОНАЛЕН ФУДБАЛСКИ ТРЕНИНГ ВО ПОДОБРУВАЊЕ НА СПЕЦИФИЧНО-МОТОРИЧКИТЕ ПЕРФОРМАНСИ КАЈ ФУДБАЛЕРИ СЕНИОРИ КОИ ИГРААТ НА РАЗЛИЧНИ ПОЗИЦИИ ВО ТИМОТ</p>	<p><b>16.00 – 16.15</b> <b>Daniela GEORGIEVA</b> Topic PREVALENCE OF MUSCULOSKELETAL DISORDERS IN PRIMARY SCHOOL CHILDREN</p>
	<p><b>16.15 – 16 30</b> <b>Biljana POPESKA</b> Topic TEACHING STRATEGIES AND METHODS APPLIED AT PHE CLASSES - EXPERIENCES OF CLASSROOM TEACHERS</p>	<p><b>16.15 – 16 30</b> <b>Andrijana MISOVSKI ZAFIROVSKA</b> Topic REGRESSION ANALYSIS IN COMBINED AND LATENT SPACE BETWEEN MOTOR SKILLS AND VARIABLES FOR ASSESSING SITUATIONAL MOTOR KNOWLEDGE IN VOLLEYBALL PLAYERS FROM THE FIRST</p>	<p><b>16.15 – 16 30</b> <b>Nenad ATANASOV</b> Topic TALOCRURAL ARTHRODESIS USING THE METHOD OF ILIZAROV</p>

		VOLLEYBALL LEAGUE IN MACEDONIA	
<b>POSTER SESSION ROOMS</b>			
<b>16.30 – 17.00</b> Poster session	Video Session Poster Room 1 <b>PHYSICAL EDUCATION, ELEMENTARY GAME AND TEACHER TRAINING</b> <a href="#">Join the video meeting</a>	Video Session Poster Room 2 <b>SPORT, SPORT MANAGEMENT AND SPORT ETHICS</b> <a href="#">Join the video meeting</a>	Video Session Room 3 <b>HEALTH, EXERCISE, WELLNESS AND FITNESS</b> <a href="#">Join the video meeting</a>
	Moderator	Moderator <b>Prof. Dr. Ivan ANASTASOVSKI</b> <b>16.30 – 16.45</b>	Moderator
Poster presenters		<b>Cvetanka NEVCHEVA</b> Topic THE POSITION OF THE SPORT IN MACEDONIAN MEDIA	
<b>FINAL CONCLUSIONS</b>			
<b>17.00 – 17.30</b>	Last words and conclusion	<b>Prof. Dr. Lence ALEKSOVSKA VELICKOVSKA</b> Dean of Faculty of physical education, sport and health	