

## TITLE OF THE PAPER (13pt Arial, Bold, centered)

**First Author<sup>1</sup>, Second Author<sup>2</sup>, Third Author<sup>3</sup>**

<sup>1</sup>University, Faculty, Department, City, Country,

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### **Abstract:**

*This is a sample of the format of your full paper. Use Word for Windows (Microsoft) (or equivalent Word Processor with exactly the same "printing results") Use single space. Use 11pt, Times New Roman, Italic. The abstract should be informative. It should be self explanatory without reference to the text of the manuscript. It should include essential significant results that support the conclusion of the work. Three to six key words not used in the title should also be provided. Abbreviations should not be used in the abstract. Insert an abstract of 150-300 words.*

**Key Words:** Leave one blank line after the Abstract and write your Key-Words (3 - 6 words)

### **Introduction**

Introduction should be comprehensible to the general reader. Give a clear statement of the purpose of the paper and provide relevant context to support the basis for the paper and the significance of the work. Do not exhaustively review the literature. (Use 11pt, Times New Roman)

### **Material & methods**

Material & methods provide sufficient information in the text or by reference to other work to permit the submitted work to be repeated without the need to communicate with the authors. Relevant validity and reliability data should be provided for critical methods. State the type of statistical tests used. Include the number of observations and the statistical findings when appropriate. Parametric and nonparametric statistics must be used as appropriate.

The main contents which are to be presented:

Participants

Procedure/Test protocol/Skill test trial/Measure/Instruments

Data collection and analysis / Statistical analysis

### **Results**

Results should be presented precisely and should not contain material that is appropriate in the discussion. Units, quantities, and formulas should be expressed according to the International System (SI units). All measurements should be given in metric units.

Figures and Tables should be numbered as follows: Fig.1, Fig.2, ... etc Table 1, Table 2, ....etc.

### **Dicussion**

Emphasize the new and important aspects of the study and conclusions derived from the study.

Please, follow our instructions faithfully, otherwise you have to resubmit your full paper.

### **Conclusions**

Or logical consequent. Your conclusion is your chance to have the last word on the subject. The conclusion allows you to have the final say on the issues you have raised in your paper, to summarize your thoughts, to demonstrate the importance of your ideas, and to propel your reader to a new view of the subject. It is also your opportunity to make a good final impression and to end on a positive note.

### **Acknowledgements (If any)**

